

Isobgul®

Psyllium Husk USP (Ispaghula Husk) Powder in Sachet

DESCRIPTION

Isobgul® is a bulk-forming laxative made from natural fibre Psyllium Husk (also known as Ispaghula Husk). It works by soaking up water in the gut which makes bowel movement much easier. It also softens stool and makes them pass through the bowel more easily which helps relieve constipation. Soluble fibre content of *Isobgul*® binds with bile acids which are important components in the digestion of fat found in our body from cholesterol. This process lowers circulating blood cholesterol level in our body. *Isobgul*® also plays a significant role in lowering blood sugar level in our body by trapping up sugar in the stomach.

INDICATIONS

- Constipation including constipation during pregnancy
- Management of bowel function in patients with haemorrhoids, anal fissure, colostomy and ileostomy
- Irritable bowel syndrome
- Ulcerative colitis
- High blood cholesterol level
- High blood sugar level

DOSAGE AND ADMINISTRATION

Adult (> 12 years of age): 1 sachet with a glass of water, 2-3 times daily.

Children (6-12 years of age): ½ to 1 sachet with a glass of water, 2-3 times daily depending on age and size.

Isobgul® powder should be administered as 1 sachet in a glass of water and to be stirred gently. Drink immediately after preparation.

Isobgul® should be taken after meal. The last dose should not be taken immediately before going to sleep.

CONTRAINDICATIONS

- Hypersensitivity to the active ingredient in the product
- Intestinal obstruction
- Faecal impaction

SIDE-EFFECTS

- Rhinitis, conjunctivitis, bronchospasm
- Exanthema and/or pruritus

PREGNANCY AND LACTATION

Isobgul® may be used during pregnancy and lactation since it is not absorbed from the gastrointestinal tract into the bloodstream and does not pass into the breastmilk.

WARNING AND PRECAUTIONS

Do not take *Isobgul*® without water. It is important that each dose of *Isobgul*® powder is stirred into a glass of water before taking.

PHARMACEUTICAL PRECAUTION

Keep away from light and wet place. Keep out of reach of children.

PACKAGING

***Isobgul*® Sachet:** Box containing 20 sachets. Each sachet contains Psyllium Husk USP (Ispaghula Husk) 3.5 g.

SK+F

Manufactured by

ESKAYEF BANGLADESH LIMITED

GAZIPUR, BANGLADESH.

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